



# Holy Spirit Flyer



## "Grow With the Spirit"



Volume 6 Number 5

Serving Grade K- 8 Students in Devon, Alberta

January, 2011

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www.hscs.ca



Gifts of the Season  
Gifts of the Season

Our Christmas Concerts were wonderful again this year. Pictured above is part of the cast from "Gifts of the Season", the Kindergarten through Grade 3 production. Pictured to the left are Angela and Noah who did a great job as Masters of Ceremony. Lower left shows Joshua and Mitchel taking care of lights and sound. Older students, Grades 4 through 6 performed their production entitled "The Fumbly Bumbly Angels". We are thankful to all the people who helped in so many ways with both productions costumes, music and set design, especially parent volunteers Mary Thompson and Shanna White.

**Inside this issue: Family Dance, Flexercise and Medicine Ball Wrestling, Spelling Bee, Gratitude Tips, a look ahead to the Family Dance a.k.a. The Snow Ball and much more!**

## Holy Spirit



Evergreen serves Catholic families in Devon, Hinton, Spruce Grove, Stony Plain and Westlock. For more information call the board office at 1-800-825-7152. The next school board meeting is **Monday, January 10th, 2011 at 2:00 p.m.** in the Division Offices at Holy Trinity Church in Spruce Grove. Our next School Parent Advisory Council meeting will be held on **Monday January 17th, 2011 at 6:30 p.m.** All Holy Spirit Catholic School parents are very welcome.



**Evergreen CSRD #2 Schools: St. Joseph - K-4; St. Marguerite - Gr. 5-8; St. Thomas Aquinas High School - Gr. 9-12, Spruce Grove; John Paul II - K- 8, Stony Plain; St. Mary - K-12, Westlock; Holy Spirit- K-8, Devon; St. Gregory- K-4; Gerard Redmond - 5-12, Hinton**

# Important Dates



- January 1 Newsletter
- January 3 First Day of Classes 2011
- January 5 Early Dismissal 1:45 pm
- January 6 Ski Club
- January 9 Confirmation Registration  
7:00 pm St. Maria Goretti
- January 12 Ski Club
  
- January 19 Ski Club  
Hot Lunch Order Deadline
- January 21 Family Dance 7:00 pm
- January 26 Ski Club
- January 28 Mid Year Progress Reports
- January 31 PD Day No School

*Happy New Year*



## Confirmation

**REGISTRATION:** Sunday January 9th  
7:00 pm at Church, \$20 per person

The Sacrament of Confirmation will be celebrated at St. Maria Goretti Church in Devon on June 4, 2011. For students Grade 6, 7 & 8. Class dates and times will be given at registration. Please call the church office at (780) 987-2858 or Doreen Shain (780)987-0396

## 2011 Ski Club Dates

January 6,12, 19,26  
February 3,16,23  
March 3 & 9

Please remember to have your forms in to the school office before noon the Monday before you plan to go as no lates will be accepted.  
Thank you.

## Catholic Girls League

Welcoming girls ages 10 -16

Saturday January 15th  
1:00—4:00 PM at Church

Scrapbooking with Mrs. Blanchette

### St. Maria Goretti Church

We meet the 1st and 3rd Saturdays of the month.  
Contacts are Mrs. Arnold (780)987-9169 &  
Mrs. Persson (780)987-4466

## St. Maria Goretti Youth Group

Welcoming youth grades 7—12



Friday January 14th, 2011  
Road Hockey Night at St. Maria Goretti  
Bring snacks and sticks. Hot chocolate provided.

Friday January 28th, 2011  
GYM NIGHT Holy Spirit School  
7:00 PM- 8:30 PM

Contact **Connie Fraser** (780)987-5425





**Volunteers Needed**  
for Children's Liturgy of the Word  
Sundays at St. Maria Goretti Parish,  
Devon. Call (780)987-2858 for  
more information

## COUNSELLOR'S CORNER

A special thank-you to everyone who helped to make the Grade 7 Girls Retreat a huge success! The girls were overwhelmed with the generosity of the many sponsors. Please see page 7 for all the names of the companies and people who donated.

**GRATITUDE:** For ideas on how to express your gratitude, prayers and other great ideas please see page 7.

**\*\*MATERNITY LEAVE:** I will be away from Holy Spirit School on Maternity Leave commencing January 21st, 2011. In my absence, you may contact Angela Psalios at my extension, Mr. Dempsey or Mrs. Glebe.

[ybarron@ecsr.d.ca](mailto:ybarron@ecsr.d.ca) or (780) 987-5730 and leave a message on my confidential voice mail extension 115.

Mrs. Barron, Registered Provisional Psychologist

# Current Events



**Grade 7 Boys Visit Seniors at Discovery Place...**

Pictured to the left, **grade seven boys volunteered** to visit with seniors at Discovery Place and shovel sidewalks in our community as a part of their Service Day Friday December 10th. The residents appreciated the company of these students. Some of the ladies and gentlemen chatted with the boys about school and other activities that they do. A few of our students even had the courage to get up and sing some Christmas carols. They sang Jingle Bells, We Wish You a Merry Christmas and Rudolph the Red Nosed Reindeer. Advent is a wonderful time to spread joy through our community and shovel walks. We are proud of these young men for going out of their way to make someone else's day more special.



**and Volunteer to Shovel.**



**Spelling Bee**

Our annual Canwest Canspell Spelling Bee was held Wednesday December 15th. Congratulations to Robbie Kelly in grade 5 for winning two years in a row! Going thirteen rounds with tough words like gnash and thespian, all contestants did a great job making this year's contest very exciting to watch. We have some great spellers at HSCS!



**Junior High Artists**

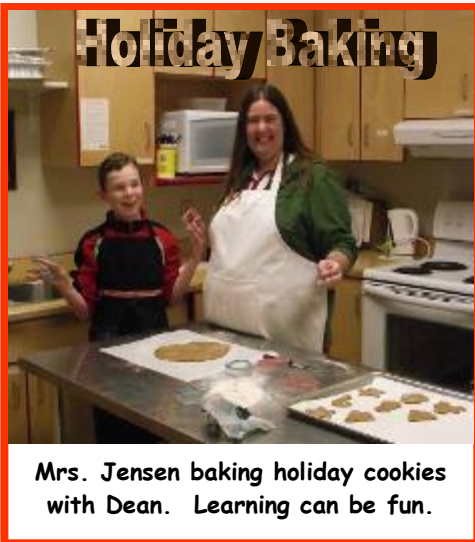
Junior High Art Option created many wonderful projects including the wire sculptures pictured above with Tyrena. Other projects they completed included face masks and paper marbling.



**St. Nicholas Visits Grade 2**

St. Nicholas visited Monday, December 6th as many classrooms as he could, reminding students of what a generous and kind person he was to children many years ago.

# Upcoming Events



Mrs. Jensen baking holiday cookies with Dean. Learning can be fun.

Evergreen Catholic Separate Regional Division has an informative website and a new look for their newsletter. The most recent edition features Holy Spirit students helping load shoeboxes into Mr. Fraser's truck. [ecsr.d.ca](http://ecsr.d.ca)

## Flyers Family Dance

Friday January 21st, 2011

7:00 pm

Holy Spirit School Gym

It's a Snow Ball!

Ticket order forms will be sent home with the students the first week of January. Last year the Family Dance was a sell out so get your tickets early. Donations of door prizes, Silent Auction and Raffle items will be accepted in the New Year and will raise funds for Grade 1 Home Reading Books.

## The Park Bench

A musical production written by  
Sandra Bremers

Tickets @ Arden Theatre  
780-459-1542  
or Ticketmaster.

General Admission \$20.00  
Arden Theatre in St. Albert, 2011  
February 4th & 5th @ 7:30 pm  
February 6th @ 2:30 and 7:30 pm  
Proudly supporting West Country Hearth

Brought to you by GHG Productions and members of the Villeneuve Choir

## Flexercise and Medicine Ball Wrestling

### Flexercise



Since the gym was set up for the Christmas Concerts much of December Mr. Hardy needed to be even more creative with Physical Education. Flexercise using DVDs in our Flexspace and Medicine Ball wrestling was a lot of fun. Jr. High physical education classes have embarked on improving their fitness levels this year. Students have been using the FITT (Frequency, Intensity, Technique, Time) principles. Students have been challenged through fitness tests and a variety of physical activities including circuit training and yoga. Enjoy being active wherever you are!

### Medicine Ball Wrestling



### Basketball Starts

Junior girls and boys team have been selected as well as a co-ed developmental team. All junior **games** will be on **Thursdays**. The boys will practice Mondays & Wednesdays and the girls will practice Tuesdays & Wednesdays, and the developmental team will practice Thursdays. League games will begin in the New Year. Drivers are always needed so contact the office if you can help.

### Journal Games

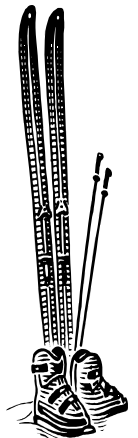
Tryouts for a Boys and Girls team for Journal Games will take place the first week back after Christmas break. Any students in grades 4, 5 or 6 can try out. The teams will practice during recess, twice a week. The date for The Journal Games Relay Race is February 17th. Watch for more in-



formation around the school and on morning announcements.  
Mr. Bolkowy and  
Mrs. Tamlyn

### WANTED!

If you have any cross country skis, snowshoes, etc. gathering dust, our Phys. Ed. department will accept all sports equipment donations. Items will be greatly appreciated and used often.





# The Week Before Christmas...



The week before Christmas was even more fun than normal thanks to the hard work of our Student Union. They planned an event each day including: Pajama and Slipper Day, Tacky Christmas Sweater Day, Green & Red Clothing Day, Christmas Hat or Toque Day and Christmas Dress your Best Day. If that wasn't enough they sold Candy Cane Grams that brought joy to many staff and students. Thank you to the dedicated efforts of both the Student Union Executive and all the Room Representatives and Mrs. Kearley and Mrs. Johns who go out of their way to add a lot of fun to our school community!



## HOT LUNCH

To order Hot Lunch items online please go to:  
<https://holyspiritdevon.hotlunches.net>. Enter Access Code:HS2010HL  
 The program then guides you through entering your information. If you have any questions, we would be happy to help. Similar to last year, our hot lunch is pre-ordered and pre-paid, with strict deadlines and no exceptions. Please note the cut off dates as follows:

### ORDER BEFORE

- ❖ January 19th for the Menu dates February 2nd—28th
- ❖ February 16th for the Menu dates March 1st—25th
- ❖ March 16th for the Menu dates April 4th—28th
- ❖ April 20th for the Menu dates May 2nd- June 16th

### HARDY'S HEALTH HUT

Did you know you can buy \$1 Vouchers at the school office for smoothies or other healthy items? Rather than carrying cash, you can now buy vouchers.

# Gratitude

“Find the good and praise it.”  
-Alex Haley

## What is it?

Gratitude, thankfulness, gratefulness, or appreciation is a positive emotion or attitude in acknowledgment of a benefit that one has received or will receive.

**What helps you to become grateful?** Take time this January to be grateful for all that you have been given. Some ideas include:

- ❖ Our health, good friends, the love of our family, education, freedom of religion and the beauty of nature are some examples of the little miracles that surround us every day.
- ❖ Pray—a quiet moment of reflection at the beginning and at the end of the day is a great time to appreciate our blessings.

*Prayer of Gratitude by Saint Richard of Chichester (1198-1253)*

*Thank you, Lord Jesus Christ, for all the benefits and blessings which you have given me, for all the pains and insults which you have borne for me. Merciful Friend, Brother and Redeemer, may I know you more clearly, love you more dearly, and follow you more nearly, day by day.*

## What can you do to help yourself be more grateful?

- ❖ Try writing a couple words in a gratitude journal each day.
- ❖ Write thank-you cards/letters to thank people for their generosity.
- ❖ Pay-it-forward by doing good deeds for others.

Gratefulness connects us to the heart.

Feeling thankful and expressing that thanks makes you happier and heartier.

## Thank you

To all the individuals and businesses who donated items for our Grade 7 Girls Retreat especially the following: Solitude (Stacey Wright), Meadow Lake, SK [www.solitudeonline.com](http://www.solitudeonline.com) Arbonne (Maureen Tash), Spruce Grove, AB [www.maurentash.myarbonne.com](http://www.maurentash.myarbonne.com) Town of Devon

Dr. Marc Bennett (Dentist), Edmonton, AB, 780.424.7475  
Sol Salon & Spa, Devon, AB [www.solsalonandspa.com](http://www.solsalonandspa.com)  
Devon IGA  
FCSS DEVON  
Monkey's Due (Amanda Carson), Edmonton, AB 780.466.6539  
Dr. Surgent (Dentist), Devon, AB 780.987.4246  
Mrs. Phedelia Arnold & the Hennig Family  
The Staff of Holy Spirit School  
*Mrs. Barron*



On Dec. 10th, Grade 7 young ladies enjoyed a day reflecting on body image, the impact of media and relationships. They are to be commended on their openness to this experience & honest sharing of personal stories. A quote from the day sums it up really well: "I really enjoyed all the time and effort you put in it. The mirrors were the best part. But I learned that many people are unhappy about their body...if you love you and you respect your body, you're beautiful."



Grade 7 Girls Retreat

### DEALING WITH DIFFICULT BEHAVIOR: "WHY IS MY CHILD ACTING THIS WAY?"

All parents wonder at times whether their child's behavior is normal. Whining, tantrums, bathroom talk, swearing, bossiness, the list goes on. Come out and discover tools and strategies that prevent or minimize these and other challenging behaviors.

When: February 8, 22 & March 8, 2011 (Tuesdays)

Time: 6:30 - 8:30 PM Location: TBA  
Cost: FREE To register, contact Dori at [leduc@leduc-county.com](mailto:leduc@leduc-county.com).

### HEALTHY ANGER FOR PARENTS

This 5 week skill building workshop offers individual goal setting, discussion around roots of anger, healthy ways of coping with anger, our parenting legacy and developing coping skills.

When: January 19, 26, February 2, 9 & 16, 2011 (Wednesdays)

Time: 6:30 to 8:30 PM

Location: Devon Public Library

Cost: FREE

To register, contact Julie at the Town of Devon FCSS 780-984-4074 or [yfamily@leduc.ca](mailto:yfamily@leduc.ca).

# Fundraising Update

## Fundraising Updates

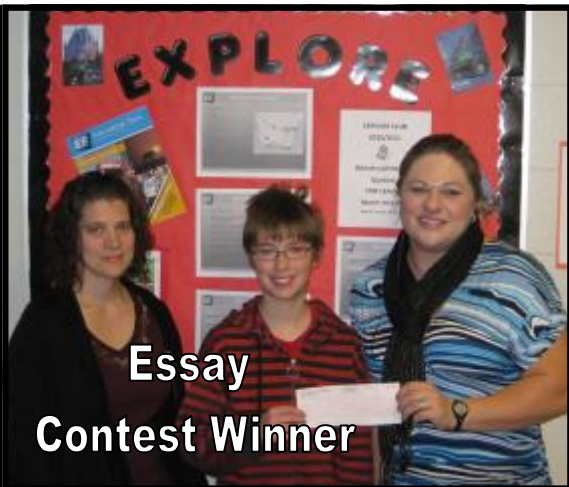
Thank you to all the students and families who donated to Charity during the Advent Season. Holy Spirit Families were very generous to Charities like Mr. Fraser's Shoeboxes to Mexico, Chalice and The Devon Christmas Elves. Our Junior High Food Option students made two amazing Gingerbread Houses that were raffled to anyone who donated a toy or a non-perishable food item to The Devon Christmas Elves. Pictured to the right is one of the Gingerbread Houses made by our students.



Our Fundraising Committee is looking forward to introducing some new merchandise for sale. Pictured to the right is our limited edition Dove Ornaments with our school logo on it which will be available for only \$15. Other items that will be available soon are gym bags and water bottles. Thank you to everyone who purchased poinsettias. We hope they brightened your home through the holidays and thank you to Dunvegan Gardens for supplying these healthy plants to us again this year. We are still looking for recipes for a cookbook that we are working on in cooperation with St. Maria Goretti Parish so if you have more favorites please continue to send them in to the school office on the forms provided. These forms are scanned in so if you do not have any please go to the [cookbookprinter.com](http://cookbookprinter.com) website to download and print more or just ask at our office. Our goal is to have around 250 recipes in time to print before Mother's Day. If you are interested and able to help with Parent Advisory Council or any of the exciting committees like Fundraising please let Mr. Dempsey know.

Dove Ornaments

\$15



Essay  
Contest Winner

The fund raising committee recently held an essay writing contest with the winner receiving a sponsorship to attend the Montreal, Ottawa, and Quebec Explore Club trip which leaves on March 24<sup>th</sup>, 2011. There were 12 essays submitted with Austin Morley being awarded the travel sponsorship. Travelling is a wonderful way to learn about history and geography. Thank you to all who entered and happy safe travels to everyone.



Amazing  
Shoe  
Cake

Mrs. Herriman shares her prize of a Shoe Cake with her Kindergarten class after winning it at the first ever Shoe Fundraising Event. Shoe shopping is even more fun when you can help the school and have a class party. Thanks to everyone who came.



# Phone Directory

Staff	Extensions	Assignment
Mr. Dempsey	111	Principal
Mrs. Glebe	110	Assistant Principal
Mrs. Barron	115	Counseling and Special Education
Mrs. Herriman	100	Kindergarten
Ms. Teasdale	101	Grade 1
Mrs. Vant Hoff	102	Grade 1
Mrs. Pocha	105	Grade 2
Mrs. Johns	104	Grade 2
Mrs. Joyce	107	Grade 3
Mrs. Laarz	106	Grade 3
Mr. Bolkowy	201	Grade 4
Ms. Lapointe	202	French/Grade 4
Mrs. Jensen	206	Grade 5/6
Mrs. Tamblyn	207	Grade 5TD
Mrs. Matter	205	Grade 6
Mrs. Kearley	200	Grade 8
Ms. Gardner	109	Grade 7
Mr. Mazurek	107	Grade 7
Mr. Hardy	137	Phys. Ed
Mrs. Tamblyn	207	Special Ed.

### General Office

Mrs. Vani	300	School Secretary
Mrs. Swityk	116	Financial
Mrs. Stecyk	133	Librarian

### Support Staff

Mrs. C. Jensen	Teacher Assistant
Mrs. Shields	Teacher Assistant
Mrs. Hugh	Teacher Assistant
Ms. Dittmer	Teacher Assistant

### Custodial Staff

Goran Ilievski  
Amy Tkachuk

## TELL US IF YOU LIKE HOMELOGIC!

You will now be able to view your child's schedule, attendance, class assignments, grading information, grades history and more from your computer at home. The website for Homelogic is:



<https://homelogic.ecsrd.ca/>

We trust you will refer to this site often and stay in-the-know all the time. If you have any questions regarding Homelogic please contact your homeroom teacher or our school office anytime and we would be happy to familiarize you with this valuable tool.



Running after school on Tuesdays and Wednesdays our Holy Spirit Art Club has been a lot of fun for many students. Taught by Mrs. Laarz and Mrs. Jensen this club is full to capacity and has focused on drawing.

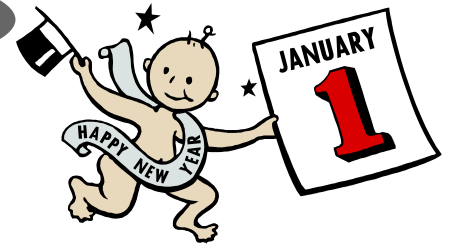
## Lost & Found Items

Each year our Lost & Found Boxes overflow with items that are not claimed. We have two large plastic containers located near the gymnasium. One bin is designated for Holy Spirit Gym Wear and the other one for everything else. Please take time before or after school to look for any lost items regularly and if you do not have success finding missing items let the office know. We regularly give lost items to charity, so the sooner you look for lost items the better. Thank you for your help.



Parkland Student Transportation website is <http://www.parklandtransport.ca/>  
Valuable updates on bus routes.  
For info call 1-780-963-8452.

# January 2011



“Little children, let us love, not in word or speech,  
but in truth and action.” 1 John 3:18

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>2</b>	<b>3</b> First Day of Classes in 2011	<b>4</b>	<b>5</b> 9:15 Gr.4 In- structional Mass <u>Early Dismissal</u> 1:45 pm	<b>6</b> Ski Club	<b>7</b>	<b>1/8</b>
<b>9</b> Confirmation Registration 7:00 St. Maria Goretti	<b>10</b>	<b>11</b>	<b>12</b> Gr.5 Instruc- tional Mass <u>Ski Club</u>	<b>13</b> Grade 5 Retreat 9–11 am <u>Grade 6 Retreat</u> 12:30-2:30pm	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> Ski Club Lunch Deadline Grade 6 Mass	<b>20</b>	<b>21</b> Family Dance 7:00 pm	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> Grade 7 Mass Ski Club	<b>27</b>	<b>28</b> Mid Year Progress Reports	<b>29</b>
<b>30</b>	<b>31</b> PD Day No School					

### Upcoming January Events:

January 3rd First Day of Classes 2011  
 January 5th Early Dismissal  
 January 9th Confirmation Registration  
 at St. Maria Goretti Church  
 January 21st Family Dance  
 January 28th Mid Year Progress Reports  
 January 31 PD Day No school



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